	1000	Membership Number:							
SOUTHCREST MANOR HOTEL Manor Health & Beauty Club Pool Bank, Southcrest, Redditch, B97 4JS			Membership Start Date: Membership Type (Please Select*) OFF PEAK £10 per month PEAK £15 per month						
					Telephone: 01527 541511 option 4 manorhealthandbeautyclub@southcrestmanorhotel.com			PLATINUM £20 per month	
					<u>manomeannanubeautyclub@soutncrestmanornotel.com</u>			PLATINOW 220 per month	
									nembership type is selected you ak Membership by default.
Frist Name:			Surname:						
D.O.B:			Sex: Male / Female						
Address		1							
Post Code:									
Telephone:			Email:						
Emergency Contact									
Surname:			First Name:						
Relationship:			Telephone:						
Doctor:			Doctor Telephone:						
registration into the table	ts. However please cor	ntinue to do so	until exemption is co	ou will not need to enter your nfirmed.					
Have you ever had or suffe		-							
Heart Murmur	YES / NO YES / NO	-	h Blood Pressure art Attack	YES / NO					
Angina				YES / NO					
Stroke Arthritis	YES / NO YES / NO		lepsy	YES / NO YES / NO					
Asthma			ncer onchitis						
Emphysema	YES / NO YES / NO	СО		YES / NO YES / NO					
Diabetes	YES / NO		teoporosis	YES / NO					
Fibromyalgia	YES / NO		nting/Dizziness	YES / NO					
Bone/Joint problems	YES / NO		ck Problem	YES / NO					
Muscle Damage	YES / NO		ck Outs	YES / NO					
Surgery	YES / NO		e you pregnant?	YES / NO					
			, , ,	re received consent from your GP					
or health care provider to				e received consent from your Gr					
Payment Details	be engine for excremin		e syn equipment.						
	mail from our payment	nrovider Strips	This email will contr	ain a link for you to complete with					
your bank or card details in	n order to set up your n	nonthly subscrip							
automatically around the s	ame date of your initia	ii payment.							
				bility for injury whilst using the					
gym and equipment. You a responsibility for your own			manned with staff and	d therefore accept no					
Agreement			ne gymnasium, will at	bide by the Club rules and agree					
to the terms of this contra		-							
Member sign:		Dat	te:						



Manor Health & Beauty Club Pool Bank, Southcrest, Redditch, B97 4JS Telephone: 01527 541511 option 4 manorhealthandbeautyclub@southcrestmanorhotel.com

Gym Membership Terms & Conditions of Use

By becoming a member of the Manor Health & Beauty Club & Gymnasium, you agree in full to the following conditions of use;

- 1. You should always consult your physician or other healthcare provider before changing your diet or starting an exercise program
- 2. Members must be over the age of 18 OR must be accompanied by a parent/guardian who has signed a young person's waiver. Both the young person AND adult must be members of the gym and must attend together, with the adult supervising the young person at all times.
- 3. You understand that there is a risk of injury associated with participating and using the hotel gymnasium
- 4. You assume full responsibility and liability for any and all injuries, losses and damages that incur whilst attending, exercising or participating in the hotel gymnasium. You waive all claims against the hotel gym, its instructors, or partners of individually or otherwise for any and all injuries, claims or damages that might incur
- 5. You agree to use the equipment based on the instructions provided
- 6. You assume full responsibility for your guests and their knowledge of the terms and conditions of use
- 7. You are aware that the gymnasium is unmanned with staff members and therefore the hotel does not accept any responsibility for your own use of the equipment.
- 8. In order to comply with the hotel's strict Health and Safety regulations, you (and your guests) must sign in at the hotel's Reception desk on arrival and again on departure.
- 9. Failure of membership fee payment will result in instant termination of your membership
- 10. Signing this document enters you into a contract with The Southcrest Manor Hotel, your monthly subscriptions will commence immediately upon submitting this form. Any arrears must be paid prior to termination of your contract.
- 11. Contacts must be terminated in writing and submitted to accounts@southcrestmanorhotel.com, please allow 10 days for your cancellation to be processed. No refunds will be given for part months remaining, your membership will continue to be valid until 30 days after your last payment date.

Agreement

By signing below, I agree to the terms and conditions of using the gymnasium, will abide by the Club rules and agree to the terms of this contract.

Member sig	n:
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Date:

Once completed please return these forms to the main hotel reception, alternatively email a copy to <u>accounts@southcrestmanorhotel.com</u>. Printed copies can be obtained from the hotel reception desk.